

Breaking the Silence

On suicide and mental illness

A community action forum for whanau & friends

- Impacted by suicide & mental illness
- Shut out from involvement by health authorities

Tuesday 22 September, Hamilton, 9am-5pm

INCLUDES:

Mike King (guest presenter) – ‘Changing Attitudes’

***‘What’s happening with our mental health system?’* an overview**

***‘Telling our Stories’* – families sharing their experiences**

‘How do whanau ensure the health system hears their voices?’

(in the face of laws & policies designed to shut them out

***‘Community Action’* – families & existing community action groups working better together for change**

Lunch, Morning & Afternoon Tea provided. Families, whanau & friends – koha ; Representatives of state-funded health organisations \$50. Registrations needed, please (for space & catering reasons). **Contact: Jane on je.stevens@xtra.co.nz**

*Organised by family & friends
of Nicky ‘Autumn’ Stevens*

Hearing the families